









DPC DH/Residence February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div>Black History Legacy and Contributions</div> <div>Black history's legacy is a powerful narrative of resilience, cultural richness, and transformative contributions across arts, science, civil rights, and nation-building, despite enduring systemic racism; their fight for equality, exemplified by figures like Viola Desmond and the Underground Railroad, built foundational pillars for inclusive societies, while their innovation, from inventions to music, continuously reshapes global culture, making Black history essential to understanding modern heritage.</div>					
1	2	3	4	5	6	7
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00	<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Choir-Natalie/Andrea 10:30 Knit & Stitch-Lila & Jen 11 Residents: 3 rd flr/Karl: 12-1	<u>Tuesday Out Trips – Sign Up At Reception</u> Café Music 9:00 Art Studio 10:30-1:00 Indigenous Singing 10:30 Dog Visits-Stephen & Gordon Residence: Coffee Club 12:00 Residence: Baking 3 rd 2:00	Pet Visits: Deborah/Tonka Art Studio 10:30-1:00 Gardening Group-Alison 11:00 Music Jam 12 Residents: 4 th flr/Karl: 12-1 Men’s Group 4-6	Art Studio 10:30-1:00 Latin Rhythms-11:00 Gustavo & Kelly Pottery with Kelly 1:30 Residence Outing: Check in with Natalie	Michael-Ministry 10:30 Art Studio 10:30-1:00 Karaoke 11:15 Residence: Crib/Bingo 1:45-2:45 Let’s Talk About It 2-3 Mindful Wellness 3:00	Saturday Sensory Room- Sign Up at the Door Morning Nature TV 9:00 Morning Movie & Popcorn 11:00 Art Studio 10:30-1:00
8	9	10	11	12	13	Valentines Day 14
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00	<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Choir-Natalie/Andrea 10:30 Knit & Stitch-Lila & Jen 11 Residents: 3 rd flr/Karl: 12-1	<u>Dayhealth Outings – Sign Up At Reception</u> Café Music 9:00 Art Studio 10:30-1:00 Indigenous Singing 10:30 Dog Visits-Stephen & Gordon Resident Meeting 12:00 Residence: Baking 4 th 2:00	Pet Visits: Deborah/Tonka Art Studio 10:30-1:00 Gardening Group-Alison 11:00 Music Jam 12 DH Community Meeting 2:00 Residents: 4 th flr/Karl: 12-1 Men’s Group 4-6	Art Studio 10:30-1:00 Latin Rhythms-11:00 Gustavo & Kelly Pottery with Kelly 1:30	Michael-Ministry 10:30 Art Studio 10:30-1:00 Valentine’s Karaoke 11:15 Residence: Crib/Bingo 1:45-2:45 Let’s Talk About It 2-3 Mindful Wellness 3:00	Saturday Sensory Room- Sign Up at the Door MMIW Walk 10:30 Valentine’s Movies & Popcorn 11:00 Art Studio 10:30-1:00
15	16	Luna New Year-Fire Horse 17	18	19	20	21
Café Music 9:30 Art Studio 10:30-1:00 Latin Meeting 2:00 BINGO 11:00	<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Choir-Natalie/Andrea 10:30 Knit & Stitch-Lila & Jen 11 Residents: 3 rd flr/Karl: 12-1	<u>Tuesday Out Trips – Sign Up At Reception</u> Café Music 9:00 Art Studio 10:30-1:00 Indigenous Singing 10:30 Crouching Tiger Hidden Dragon Movie 11:30 Residence: Coffee Club 2:00	Pet Visits: Deborah/Tonka Art Studio 10:30-1:00 Gardening Group-Alison 11:00 Music Jam 12 Residents: 4 th flr/Karl: 12-1 Men’s Group 4-6	Black History Month: Legacy and Contributions 11:00 Africa Rhythms: Gustavo & Kelly African Coil Pottery with Kelly 1:30	Michael-Ministry 10:30 Art Studio 10:30-1:00 Karaoke 11:15 Residence: Crib/Bingo 1:45-2:45 Let’s Talk About It 2-3 Mindful Wellness 3:00	Saturday Sensory Room- Sign Up at the Door Morning Nature TV 9:00 Morning Movie & Popcorn 11:00 Art Studio 10:30-1:00
22	23	24	CPP/OAS & Income Assistance 24	26	27	28
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00	<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Choir-Natalie/Andrea 10:30 Knit & Stitch-Lila & Jen 11 Residents: 3 rd flr/Karl: 12-1	<u>Tuesday Out Trips – Sign Up At Reception</u> Café Music 9:00 Art Studio 10:30-1:00 Indigenous Singing 10:30 Dog Visits-Stephen & Gordon Residence: Movie Outing 12:00	Pet Visits: Deborah/Tonka Art Studio 10:30-1:00 Gardening Group-Alison 11:00 Music Jam 12 Residents: 4 th flr/Karl: 12-1 Men’s Group 4-6	Art Studio 10:30-1:00 Latin Rhythms-11:00 Gustavo & Kelly Pottery with Kelly 1:30 Residence Outing: Asian Grocery store Visit 11:00	Michael-Ministry 10:30 Art Studio 10:30-1:00 Karaoke 11:15 Residence: Crib/Bingo 1:45-2:45 Let’s Talk About It 2-3 Mindful Wellness 3:00	Saturday Sensory Room- Sign Up at the Door Morning Nature TV 9:00 Morning Movie & Popcorn 11:00 Art Studio 10:30-1:00

Residence January 2026

SUNDAY					MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY					SATURDAY				
																																		
1					2					3					4					5					6					7				
STAT Holiday Day Health CLOSED					Art Studio 10:30-1:00 Karaoke 11:15 Bingo 1:45-2:45 Mindful Wellness 3:00					Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00																								
8					9					10					11					12					13					14				
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00					<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Knit&Stitch-Lila/Jen 11:00 3 rd flr Visits with Karl: 12-1					Art Studio 10:30-1:00 Pets- Stephen/Gordon Indigenous Songs 10:30 Coffee Club 12:00 Baking 3 rd flr 2:00					Art Studio 10:30-1:00 Pet Visit: Deborah/Tonka Gardening -Alison 11:00 Music Jam 12:00 4 th flr Visits with Karl: 12-1 Men’s Group 4-6					Art Studio 10:30-1:00 Latin Rhythms 11:00 Outing: Check in with Natalie Pottery with Kelly 1:30					Art Studio 10:30-1:00 Michael-Ministry 10:30 Karaoke 11:15 Cribbage 1:45-2:45 Mindful Wellness 3:00					Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00				
15					16					17					18					19					20					21				
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00					<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Knit&Stitch-Lila/Jen 11:00 3 rd flr Visits with Karl: 12-1					Art Studio 10:30-1:00 Pets- Stephen/Gordon Indigenous Songs 10:30 Coffee Club and Residence Community Meeting 12:00 Baking 4 th flr 2:00					Art Studio 10:30-1:00 Pet Visit: Deborah/Tonka Gardening -Alison 11:00 Music Jam 12:00 4 th flr Visits with Karl: 12-1 Men’s Group 4-6					Art Studio 10:30-1:00 Latin Rhythms 11:00 Outing: Check in with Natalie Pottery with Kelly 1:30					Art Studio 10:30-1:00 Michael-Ministry 10:30 Karaoke 11:15 Bingo 1:45-2:45 Mindful Wellness 3:00					Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00				
22					23					24					25					26					27					28				
Café Music 9:30 Art Studio 10:30-1:00 Haircuts with Mario 10:00 BINGO 11:00					<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Knit&Stitch-Lila/Jen 11:00 3 rd flr Visits with Karl: 12-1					Art Studio 10:30-1:00 Pets- Stephen/Gordon Indigenous Songs 10:30 Coffee Club 12:00 Baking 3 rd flr 2:00					Art Studio 10:30-1:00 Pet Visit: Deborah/Tonka Gardening -Alison 11:00 Music Jam 12:00 4 th flr Visits with Karl: 12-1 Men’s Group 4-6					Art Studio 10:30-1:00 Latin Rhythms 11:00 Outing: Check in with Natalie Pottery with Kelly 1:30					Art Studio 10:30-1:00 Michael-Ministry 10:30 Karaoke 11:15 Cribbage 1:45-2:45 Mindful Wellness 3:00					Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00				
29					30					31					CPP & OAS					32					33					34				
Café Music 9:30 Art Studio 10:30-1:00 Haircuts with Mario 10:00 BINGO 11:00					<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Knit&Stitch-Lila/Jen 11:00 3 rd flr Visits with Karl: 12-1					Art Studio 10:30-1:00 Pets- Stephen/Gordon Indigenous Songs 10:30 Coffee Club 12:00 Baking 4 th flr 2:00					Art Studio 10:30-1:00 Pet Visit: Deborah/Tonka Gardening -Alison 11:00 Music Jam 12:00 4 th flr Visits with Karl: 12-1 Men’s Group 4-6					Art Studio 10:30-1:00 Latin Rhythms 11:00 Outing: Check in with Natalie Pottery with Kelly 1:30					Art Studio 10:30-1:00 Michael-Ministry 10:30 Karaoke 11:15 Bingo 1:45-2:45 Mindful Wellness 3:00					Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00				

Weekly DECEMBER Residence Calendar

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
	<p><u>Massage Therapy</u> <u>Students- Sign Up At Reception</u></p> <p>Art Studio 10:30-1:00</p> <p>Knit&Stitch- Lila/Jen 11:00</p> <p>World Aids Day Ceremony 2:00</p>	<p><u>Tuesday Out Trips – Sign Up At Reception</u></p> <p>Art Studio 10:30-1:00</p> <p>Pets- Stephen/Gordon</p> <p>Indigenous Songs 10:30</p> <p>Coffee Club 12:00</p> <p>Baking 4th flr 2:00</p>	<p>Art Studio 10:30-1:00</p> <p>Pet Visit: Deborah/Tonka</p> <p>Gardening -Alison 11:00</p> <p>Music Jam 12:00</p> <p>4th flr Visits with Karl: 12-1</p> <p>Men’s Group 4-6</p>	<p>Art Studio 10:30-1:00</p> <p>Latin Rhythms 11:00</p> <p>Outing: Vancouver Art Gallery 11:00</p> <p>Pottery with Kelly 1:30</p>	<p>Art Studio 10:30-1:00</p> <p>Michael-Ministry 10:30</p> <p>Karaoke 11:15</p> <p>Bingo 1:45-2:45</p> <p>Mindful Wellness 3:00</p>	<p>Remembrance of Violence Against Women Day</p> <p>Morning Movies 9:00</p> <p>Christmas Card Writing 11</p> <p>Art Studio 10:30-1:00</p>

Weekly DECEMBER Residence Calendar

Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00	<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Knit&Stitch- Lila/Jen 11:00 3rd flr Visits with Karl: 12-1	<u>Tuesday Out Trips – Sign Up At Reception</u> Art Studio 10:30-1:00 Pets- Stephen/Gord Indigenous Songs 10:30 Coffee Club 12:00 Baking 3rd flr 2:00	Art Studio 10:30-1:00 Pet Visit: Deborah/Tonka Cedar Star Making Ornaments 10:30-12:30 2nd floor Music Jam 12:00 4th flr Visits with Karl: 12-1 Men’s Group 4-6	Art Studio 10:30-1:00 Latin Rhythms 11:00 Outing: TBD Pottery with Kelly 1:30	Art Studio 10:30-1:00 Michael- Ministry 10:30 Seasonal Decorating 10:30 DH Karaoke 11:15 Cribbage 1:45- 2:45 Mindful Wellness 3:00	Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00

Weekly DECEMBER Residence Calendar

Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
Café Music 9:30 Art Studio 10:30-1:00 BINGO 11:00	<u>Massage Therapy Students- Sign Up At Reception</u> Art Studio 10:30-1:00 Knit&Stitch- Lila/Jen 11:00 3rd flr Visits with Karl: 12-1	<u>Tuesday Out Trips – Sign Up At Reception</u> Art Studio 10:30-1:00 Pets- Stephen/Gordon Indigenous Songs 10:30 Choir Holiday Performance- 11 Baking 4th flr 2:00	Art Studio 10:30-1:00 Pet Visit: Deborah/Tonka Gardening - Alison 11:00 Music Jam 12:00 4th flr Visits with Karl: 12-1 Men’s Group 4- 6 Men’s Group 4- 6	Art Studio 10:30-1:00 Latin Rhythms 11:00 Pottery with Kelly 1:30	Art Studio 10:30-1:00 Michael- Ministry 10:30 <div>Christmas Holiday Drag & Dance Party 11:00</div>	Morning Movies 9:00 Crafts and DIY Sewing 11 Art Studio 10:30-1:00

Weekly JULY Residence Calendar

Sunday 23/30	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
Café Music 9:30	<u>Massage Therapy</u> <u>Students-Sign Up At Reception</u>	<u>Tuesday Out Trips – Sign Up At Reception</u>	Art Studio 10:30-1:00	Art Studio 10:30-1:00	Art Studio 10:30-1:00	Morning Movies 9:00
Art Studio 10:30-1:00			Pet Visit: Deborah/Tonka 4th flr Visits with Karl: 12-1	Latin Rhythms 11:00	Michael-Ministry of Social Development Liason 10	Crafts and DIY Sewing 11
Haircuts with Mario 10:00	Art Studio 10:30-1:00	Art Studio 10:30-1:00		Outing-Art Gallery 11:00	Karaoke 11:15	
BINGO 11:00	Knit&Stitch-Lila/Jen 11:00	Pets-Stephen/Gordon	Men’s Group 4-6	Pottery with Kelly 1:30	Cribbage 1:45-2:45	Art Studio 10:30-1:00
	3rd flr Visits with Karl: 12-1	Indigenous Songs 10:30			My Life-My Mind 2:00	
		Coffee Club 12:00				
		Baking 3rd floor 2:00			Mindful Wellness 3:00	

