



DR PETER AIDS FOUNDATION
1110 Comox Street
Vancouver, BC V6E 1K5

T: 604.608.1874
F: 604.608.4259

www.drpeter.org

DR. PETER AIDS FOUNDATION VOLUNTEER OPPORTUNITIES

DAY HEALTH PROGRAM VOLUNTEER OPPORTUNITIES

The Dr. Peter Centre West End **Day Health Program operates Monday to Friday 9:00 am to 3:30 pm.** There are a variety of interesting and challenging volunteer opportunities in the Day Health Program.

Ask Me Volunteer: You enjoy spending time with people providing companionship and support to the participants who come to the Dr. Peter Centre Day Health Program.

Drivers provide a much-needed service of transporting participants to and from the Centre to medical appointments and/or help with running errands. You must have a valid B.C. Drivers License, car, and current auto insurance.

Reception: At the front desk, you are often the first contact a person has with the Dr. Peter Centre. You enjoy being in a busy place where you are greeting people, answering phones and sometimes juggling many tasks.

Gardener: You enjoy gardening and realize how important plants and flowers are in peoples lives. You are experienced in container gardening and have your own transportation available to pick up supplies as needed.

Food Service: You encourage our participants to eat by providing friendly and personal service. You also help serve breakfast or lunch to our participants.

Complementary Therapist: You are trained on one of the complementary therapies (reiki, acupuncture, therapeutic touch, cranio-sacral, shiatsu, reflexology, healing touch etc.),and want to share your time with our participants and residents.

Hair Dresser: You hold a valid B.C. Hairdressing License and want to share your skills on an ongoing basis with our participants.

Computer Lab: You have an interest in working with people and computers. You are familiar with Windows 98 and the Internet. You are also interested in teaching computer skills to our participants.



Recreation Out Trips: You would assist staff on scheduled out trips for participants in the community to encourage socialization. Some past out trips have included: bowling, movies, and dining out for lunch.

Pet Visits: Bring in your pet each week to the Centre and your pet will be much appreciated. Your pet must be trained and registered with B.C. Pets and Friends or St. John Ambulance Dog Therapy Program.

Open Studio Assistant: You have an interest in arts and/or crafts, and ,would like to assist participants with individual and group projects in the studio.

Tai Chi/Relaxation/Yoga Instructor: You have this special training and want to help our participants increase their states of relaxation and stress management.

Video Facilitator: You would facilitate Video Thursdays. Working with the participants, you would organize the selection of the video, pick up and return to Rogers video and organize pop and popcorn making for the video. Time commitment - Thursdays 10 am to 1 pm.

Photo Archives Volunteer: You would enjoy putting together an album of photos of events as well as cataloguing the negatives.

RESIDENCE VOLUNTEERS

The Dr. Peter Centre **Residence has flexible volunteer shifts 7 days a week from 9 am to 8 pm.** The shifts vary in length from 2 to 3 hours.

General Residence Volunteer: You would provide companionship and support to the residents and their visitors by simply spending time together, playing cards, running errands or accompanying residents to scheduled appointments. You may also assist staff with some meal preparation and/or light housekeeping duties.

SPECIAL EVENTS VOLUNTEERS

On Call Volunteer for Special Events: You would enjoy participating in fund raising special events. You would be available for evening and weekend events. Events could include our signature event "Passions:", as well as Pride Parade, AIDS Walk and third party fund raising events.