

CHANGING THE WORLD OF HIV/AIDS CARE

Annual Report 2010/2011

Dr. Peter AIDS
FOUNDATION



Message from the Chair & Executive Director



2010 was an extraordinary year for the Dr. Peter AIDS Foundation. It marked the 20th anniversary of the first Dr. Peter Diary on CBC Television. There was an overwhelmingly positive public response to the re-airing of Peter's Diaries and the stories of care at the Dr. Peter Centre.

The response of one individual was transformational. We realized a long-standing goal to launch weekend service in our day health program. An anonymous donor gifted approximately half of the three-year cost and the Province of British Columbia matched it. The incredible impact of uninterrupted care seven days a week continues to unfold.

Because the Dr. Peter Centre successfully engages individuals with multiple vulnerabilities in addition to HIV/AIDS, two days a week without care and support takes its toll. With weekend service, clients no longer arrive Monday mornings after experiencing a weekend of hunger, health deterioration, isolation, and missed medications.

It is also opening the door to increasing the number of individuals who can attend the day health program. Recent research shows that people who maintain uninterrupted HIV treatment are nearly 96% less likely to transmit the HIV virus. We are in discussion with Vancouver Coastal

Health and Providence Health Care for STOP AIDS funding so we can admit additional new clients needing help with achieving uninterrupted treatment

Seven days a week service has also opened the door for us to explore with Vancouver Coastal Health enhanced supportive housing near the Dr. Peter Centre for clients ready to move out of our specialized nursing care residence.

Our strategic goals include maximizing the reach of the Dr. Peter Centre's services in our local community and extending the reach of our learned experience in our global community.

Thanks to you, our funders, supporters and champions, our vision is becoming reality and our impact is ever-increasing. We are so very grateful for your support.



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Day Health Program Launches Seven Day Service

"Some people used to show up here and not know that it was the weekend and wonder why we weren't open," says Dianne Simpson, Day Health Coordinator at the Dr. Peter Centre. "And when you think about it, it makes sense; HIV doesn't take the weekends off, nor do hunger, poverty and mental health issues. Our clients need support seven days a week, not just Monday to Friday."

"I remember the buzz that first Saturday we were open last December," says the Dr. Peter Centre's Director

of Operations, Rosalind Baltzer Turje. "Half an hour before we opened, the lobby was packed with people waiting to come in. We've been saying for years that we needed to be open on the weekends and that first morning made it so clear."

For Rosalind, daily service in the day health program means more opportunities to build relationships and engage people in their health care. "Now we can offer uninterrupted access to good meals, counselling,

therapies and nursing. It's crucial for all of the supports we offer at the Centre and especially so for HIV medication. We have an excellent HIV medication support program and many of our clients need that support on a daily basis to maintain their medication regime."

Daily service offers peace of mind according to Dianne: "People wake up and know that they're going to be okay – they're going to have a meal and have somewhere to go – and there's comfort in that."



The clinical team uses the new Electronic Client Records (ECR) system to closely track the services clients are accessing. "It allows us to do continuous quality improvement to ensure that we're supplying the right resources to provide quality care to the people we serve," explains Rosalind Baltzer Turje, Director of Operations. (Please see the facing page).

We asked our clients, 'What does weekend service mean to you?' "A clean, safe environment where I can see my friends"

Measuring the Impact of Seven Day Service – the First Four Months

We recorded increases across our program in the first four months of seven day service:

- attendance increased by 25%*
- overall contacts between our clinical team and clients increased by 28%*
- basic support contacts increased by 23%*

In some cases, there were enormous increases reflecting the fact that we can now offer more

opportunities to engage our clients in specialized counselling and therapy programs, such as art therapy where attendance increased 148%*.

The most telling increases were recorded in the area of nursing. We have long known that many of our clients require daily support for their HIV treatment and medication needs and the numbers show significant increases in key nursing support services.



79% INCREASE IN NURSING SUPPORTS*

meaning that more of our clients accessed more support services from our nursing team.

Seven day access to nursing services means that clients receive support on the days that they need it. This benefits the client and the larger community as recent research shows that individuals who maintain a regular HIV medication treatment regime are 96% less likely to transmit the virus.



36% INCREASE IN TREATMENT CONTACTS*

meaning that more of our clients requested and obtained more wound care treatment, and other basic assessment, diagnostic and treatment services.



20% INCREASE IN MEDICATION MANAGEMENT*

meaning that more of our clients requested and received more assistance with HIV medication adherence and other prescribed medication.

* Percentages reflect changes in total contacts between the period August 1, 2010 – November 30, 2010 (the four months prior to seven day service) and December 1, 2010 – March 31, 2011 (the first four months of seven day service).

Thank You to Our Dedicated Team



We are deeply grateful to our staff whose passion and dedication over this transformational year made it a true success. Seven day service in the day health program has impacted every part of our organization. We are very thankful for the many contributions that staff members have made throughout the organization.



We asked our clients, 'What does weekend service mean to you?' *"Food, nursing, and company"* *"Support for a clean life"*

Thank You to Our Funding Partners

The Dr. Peter AIDS Foundation is honoured to work with our funding partners – Vancouver Coastal Health, BC Housing and Provincial Health Services Authority – to improve health care and housing for people living with HIV/AIDS.

We recognize that value can be added to services when a cluster of integrated partners works together to improve the effectiveness of the entire cluster, not of just one partner.

Our contribution is an innovative model of care that is particularly effective in supporting individuals coping with HIV/AIDS, mental illness, addictions, unstable housing and other disadvantaged circumstances.

Together with our funding partners, we are having a significant value-added impact on health care.



19.6% INCREASE IN MEALS SERVED* in the day health program

99.8% OCCUPANCY RATE IN THE 22 LONG STAY SUITES in the residence

89.3% OCCUPANCY RATE IN THE 2 SHORT STAY SUITES** in the residence

* We served 38,536 meals in 2010-11 vs. 32,216 meals in 2009-10.

** The availability of our short stay units was reduced due to renovations in the residence.

"A necessary extension of service during the weekend that allows us to bond more closely as individuals and as a community"

Lyanna's Story

Seven Day Service Helps Me Take Care of My Health

"I'm a pretty busy person. I work as a peer support worker at Vancouver Native Health and St. Paul's Hospital, and as a research assistant at the Canadian Aboriginal AIDS Network. I'm also a mom and that's 24 hours a day, seven days a week!

I also have Hepatitis C. Weekend support at the Dr. Peter Centre became really important to me when I was doing the treatment to get rid

of it. The treatment is rough, and I was an emotional wreck throughout. Sometimes I would come to the nursing station and just cry.

I contracted HIV through intravenous drug use. It was 1993 – I was 23 years old. After I got tested, the doctor gave me the news and then told me I had to leave because he had another appointment. That's the way it was then.

That's when I fell into using heavily. One night, I overdosed but they brought me back to life. After that, I realized that I didn't want to die. I thought, 'My life is too precious'. Now getting the word out about HIV and Hepatitis C is my mission. I've realized that these illnesses are manageable. I'm not dying, so I'm determined to make a difference in my life as well as in the lives of others.

*"I love it here,
there's no
other place like it."*

I like coming to the Dr. Peter Centre because it's a place where I can be me. It's a place where I can be Lyanna. I come to the Dr. Peter Centre for the meals – oh my, I love the meals here! And nursing too – I take my meds every morning at the Dr. Peter Centre. I love it here, there's no other place like it."

Lyanna has been a day health participant at the Dr. Peter Centre since 2003.



Randy's Story

Seven Day Service Means Meals on Weekends

"I wish you guys introduced weekend meals a year earlier. I was homeless during the winter of 2009/10. I had nowhere to go and nothing to eat on the weekends.

I slept at Sunset Beach for three months. I had money for an apartment from income assistance but everywhere I went I kept hearing the same two words: 'Credit check'. So, I ended up homeless.

I used to work. I used to live in a house. And I used to have pets. I was a truck driver, Class 1 long-haul out of Edmonton. I'd go as far up as Yellowknife and as far east as Montreal. But I lost everything.

"It feels so good to know there's a place where I can go."

My mom passed away in July of 1995, and I got an inheritance. I should have bought a new truck for my work with that money, but cocaine took it all. When the money was gone, I discovered that I had contracted HIV. Sometimes the regret and the poverty



hurt more than the [diagnosis of] HIV itself.

The Dr. Peter Centre is a place to come and be with people who are no different than me. And now that the Centre is open seven days a week, I don't starve on the weekends. Even though I have housing now, I can't really eat at home. Those SRO [single room occupancy] hotel rooms only have a little bar fridge and a hot plate. It makes it really hard to make the healthy meals

you need when you have HIV.

I know that everyone is real happy to be able to come to the Dr. Peter Centre for a meal or a movie, or even just to get out of the rain. It can get so lonely on Sundays; there's no place open and there's nothing to eat. It feels so good to know there's a place where I can go."

Randy has been a day health participant at the Dr. Peter Centre since 2004.

Women's Outreach Program: A Safe Place for Women

Generously funded through

MAC AIDS FUND

"It's so important to have a 'women's only' space at the Centre. We see women who are dealing with issues of domestic abuse or sexual abuse; many have a history in the sex trade. These are issues that women may only feel comfortable discussing within safe settings," explains Sarah, a counsellor at the Dr. Peter Centre and co-facilitator of the Dr. Peter Centre's Women's Outreach program. The Women's

Outreach program was launched in 2010 through a grant from the MAC AIDS Fund.

"The women at the Centre face the same challenges that women everywhere do – women are generally the caretakers of their partners and children – but their lives are complicated by the fact that they are also coping with poverty, homelessness, addiction and mental health issues in addition to

having HIV/AIDS," says Jen, the program's other co-facilitator and a nurse at the Dr. Peter Centre.

"We started the group so that women could have a safe place where they could share their experience and realize that they're not alone," says Sarah.

For Jen, giving women the tools to manage their health care is the goal of the program: "Most of the women we see are very independent and used to taking care of themselves. They don't ask for help, so we reach out and encourage them to be actively involved in their own health care."

The program's dynamic format reflects the innovative model of care at the Dr. Peter Centre. "The range of sessions we've done for the women's program is incredible," says Sarah. We've done therapeutic art, mindfulness programs, education sessions on women's support services, and had group discussions on domestic violence. Each group session has an end unto itself, but fundamentally it's about building trust and engaging women in their health care."



Jen and Sarah, co-facilitators of the Dr. Peter Centre's Women's Outreach program

The Most Important Meal of the Day

The Dr. Peter AIDS Foundation has always operated with the help of a committed team of volunteers. Each year, we are fortunate to have volunteers dedicating their time and energy to support our clients living with HIV/AIDS. This year we shine the spotlight on some of our valued volunteers from the corporate community.

Starbucks



"I've been serving breakfast at the Dr. Peter Centre for four years now," says Victor Pedersen, Store Manager of Starbucks #4890 Bentall Tower 4. "When I started it was one district with staff from nine stores that participated. We now have grown it to include three districts and 27 downtown stores that serve breakfast at the Centre every Monday and Thursday morning.

"Starbucks really encourages us to volunteer in the community. And I can see why – it gives me a great feeling. After I serve breakfast at the Centre, I feel really inspired and really pumped too. The clients here are always happy to see us.

"Starbucks has a long history of supporting the Dr. Peter Centre, and I think the success of working with the Centre has encouraged us to stay involved year after year."



RBC Financial Group



"RBC has been a strong corporate partner of the Dr. Peter Centre for a number of years. And, as an organization, we're always looking for ways we can broaden corporate philanthropy and reach," says Sarina McKenzie, Chair RBC Pride Vancouver and Co-Chair RBC Pride Nationally.

"RBC employees are passionate volunteers, and our objective was to see how we could harness that energy and expand our impact beyond the financial contribution that RBC continues to make to the Dr. Peter Centre. So we set up a team of 10 RBC employees to serve breakfast on Friday mornings.

"The result has been incredible. I hear from team members that they're bringing their experience home and telling their friends and family about volunteering at the Dr. Peter Centre – and encouraging them to volunteer. When you think about it, the impact of a program like this extends beyond RBC and the Dr. Peter Centre – it has a positive impact on our families, our kids and the whole community."



THIS YEAR 245 VOLUNTEERS DONATED OVER 6,400 HOURS OF SERVICE!

"Seven days of taking my pills on time" "It takes a lot to walk through the doors, but staff make it so much easier"

Financials 2010/2011

These financial statements are derived from the audited financial statements of the Dr. Peter AIDS Foundation as at March 31, 2011 and the year then ended. Complete audited financial statements are available at www.drpeter.org.

Consolidated Statement of Financial Position

(Prepared by Management)

As at March 31	2011 \$	2010 \$
Assets		
Total current assets	1,730,227	638,855
Capital assets	6,748,171	6,893,442
TOTAL ASSETS	8,478,398	7,532,297
Liabilities		
CURRENT		
Accounts payable and accruals	333,210	302,139
Unearned revenue	17,244	23,129
Deferred revenue – current portion	466,846	–
Current portion of mortgage payable	40,429	1,896,058
Current portion of capital lease payable	12,037	10,852
TOTAL CURRENT LIABILITIES	869,766	2,232,178
Deferred contributions	770,628	185,187
Mortgage payable	1,640,279	–
Obligation under capital lease	12,196	24,233
Deferred contributions related to capital assets	4,549,502	4,723,926
TOTAL LIABILITIES	7,842,371	7,165,524
Net Assets (deficiency)		
Invested in capital assets	493,728	238,373
Unrestricted	(80,250)	(80,250)
Replacement reserve	121,151	208,650
Internally restricted	101,398	–
TOTAL NET ASSETS	636,027	366,773
	8,478,398	7,532,297

Financials 2010/2011

Consolidated Statement of Operations

(Prepared by Management)

Year Ended March 31	2011 \$	2010 \$
Revenue		
VCH (Vancouver Coastal Health)	2,092,306	2,144,606
PHSA (Provincial Health Services Authority)	1,373,618	1,373,618
BC Housing	222,090	277,504
BC Community Gaming Grant	95,000	100,000
Donations and fundraising	982,817	619,128
Residents' per diems	260,223	268,815
Other income	81,827	34,551
Amortization of deferred revenue	191,257	–
Amortization of deferred contributions related to capital assets	178,895	208,487
TOTAL REVENUE	5,478,033	5,026,709
Expenses		
Amortization of capital assets	288,267	295,021
Operations	425,630	292,583
Program services & other supplies	362,755	352,688
Property maintenance and utilities	320,645	282,543
Human Resources	3,984,119	3,624,300
TOTAL EXPENSES	5,381,416	4,847,135
Excess of (expenses) revenue (before BC Housing Mortgage repayment)	96,617	179,574

Thank You to Our Donors

During the course of fiscal year 2010-11, the Dr. Peter AIDS Foundation received a wide range of donations from our generous supporters. Your support allowed us to provide programs and services for our participants and residents and begin seven day service in the Dr. Peter Centre's day health program. Due to overwhelming support, we were unable to fit every supporter's name on this list, but we are truly grateful for the ongoing support we receive from each and every donor. Thank you for helping us change the world of HIV/AIDS care.

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We asked our clients, 'What does weekend service mean to you?' *"It's nice to be able to keep a healthy routine all week"*

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We have made every effort to ensure accuracy of this list. If you notice any errors or omissions, please contact the Dr. Peter AIDS Foundation at 604.331.5086.

"It helps us through the weekend with food most of us don't have" "The energy of Dr. Peter is with us every day of the week"



2010 marked the 20th Anniversary
of the *Dr. Peter Diaries*

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“Though it may seem a generation ago, the struggles of those living with HIV/AIDS were once as misunderstood as the virus itself. The courage of Dr. Peter Jepson-Young to take head-on the ignorance and prejudice of the day changed hearts and minds. In 2010, we are all a better, more hopeful people thanks to Dr. Peter and his inspirational work. Vancouver and the world was lucky to have him.” – *Tom Hanks*



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